

UNITED STATES
SECURITIES AND EXCHANGE COMMESSION
Washington, D.C. 20549

RECEIVED SION

2004

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FORM D

NOTICE OF SALE OF SECURITIES
PURSUANT TO REGULATION D,
SECTION 4(6), AND/OR
UNIFORM LIMITED OFFERING EXEMPTION

SEC USE ONLY
Prefix Serial
DATE RECEIVED

Name of Offering (	☐ check if this is an an	nendment and name	has changed, and indica	te change.)				
Filing Under (Check	k box(es) that apply):	□ Rule 504	□ Rule 505	⊠ Rule 506	☐ Section 4(6)	□ ULOE		
Type of Filing:	New Filing	☐ Amendment						
			BASIC IDENTIFICA	TION DATA				
1. Enter the informa	tion requested about th							
Name of Issuer	(☐ check if this is ar	n amendment and na	me has changed, and inc	dicate change.)				
Plan Express, Inc.								
Address of Execut	ive Offices		y, State, Zip Code)	Telephone Number (Including Area Code)				
3003 Airways Bo	ulevard, Suite 2147, M	Iemphis, TN 38131	(901) 843-2142					
Address of Princip	oal Business Operations	,	y, State, Zip Code)	Telephone Number (Including Area Code)				
(if different from E	Executive Offices)	Same		Same				
Brief Description of	Business							
Construction plan	reproduction and dis	tribution.						
Constituction plan	reproduction and an							
						- NULESSED		
Type of Business Or	•							
⊠ corpo	ration	•	ship, already formed	☐ Other (please	specify)	MOV 2 2 200:		
☐ busine	ess trust	limited partner	ship, to be formed			NOV 2 3 2004 1		
						T110000		
	Date of Incorporation of Organization	or Organization: 0	J.S. Postal Service abbre ada; FN for other foreig		□ Estimated	FINANCIAL		
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### GENERAL INSTRUCTIONS

#### Federal:

Who Must File: All issuers making an offering of securities in reliance on an exemption under Regulation D or Section 4(6), 17 CFR 230.501 et seq. or 15 U.S.C. 77d(6).

When To File: A notice must be filed no later than 15 days after the first sale of securities in the offering. A notice is deemed filed with the U.S.Securities and Exchange Commission (SEC) on the earlier of the date it is received by the SEC at the address given below or, if received at that address after the date on which it is due, on the date it was mailed by United States registered or certified mail to that address.

Where to File: U.S. Securities and Exchange Commission, 450 Fifth Street, N.W., Washington, D.C. 20549.

Copies Required: Five (5) copies of this notice must be filed with the SEC, one of which must be manually signed. Any copies not manually signed must be photocopies of the manually signed copy or bear typed or printed signatures.

Information Required: A new filing must contain all information requested. Amendments need only report the name of the issuer and offering, any changes thereto, the information requested in Part C, and any material changes from the information previously supplied in Parts A and B. Part E and the Appendix need not be filed with the SEC.

Filing Fee: There is no federal filing fee.

#### State

This notice shall be used to indicate reliance on the Uniform Limited Offering Exemption (ULOE) for sales of securities in those states that have adopted ULOE and that have adopted this form. Issuers relying on ULOE must file a separate notice with the Securities Administrator in each state where sales are to be, or have been made. If a state requires the payment of a fee as a precondition to the claim for the exemption, a fee in the proper amount shall accompany this form. This notice shall be filed in the appropriate states in accordance with state law. The Appendix to the notice constitutes a part of this notice and must be completed.

ATTENTION

Failure to file notice in the appropriate states will not result in a loss of the federal exemption. Conversely, failure to file the appropriate federal notice will not result in a loss of an available state exemption unless such exemption is predicated on the filing of a federal notice.

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Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

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## A. BASIC IDENTIFICATION DATA

# 2. Enter the information requested for the following:

- Each promoter of the issuer, if the issuer has been organized within the past five years;
- Each beneficial owner having the power to vote or dispose, or direct the vote or disposition of, 10% or more of a class of equity securities of the
- Each executive officer and director of corporate issuers and of corporate general and managing partners of partnership issuers; and
- Each general and managing partner of partnership issuers.

Check Box(es) that Apply:	☐ Promoter	⊠ Beneficial Owner	⊠ Executive Officer	⊠ Director	☐ General and/or  Managing Partner
Full Name (Last name first, if	individual)		P	····	Mainaging Faithei
Adamson, DeWayne					
Business or Residence Address	ss (Number and Stre	eet, City, State, Zip Code)			
3003 Airways Boulevard, St				· · · · · · · · · · · · · · · · · · ·	
Check Box(es) that Apply:	☐ Promoter	⊠ Beneficial Owner	☐ Executive Officer	☐ Director	☐ General and/or  Managing Partner
Full Name (Last name first, if	individual)				
Swindells, Theodore H.					
Business or Residence Address	ss (Number and Str	eet, City, State, Zip Code)			
450 Sansome Street, #1550,			<b>D</b> . <b>C</b>	E Direction	50
Check Box(es) that Apply:	□ Promoter	☑ Beneficial Owner	☐ Executive Officer	☐ Director	☐ General and/or  Managing Partner
Full Name (Last name first, if	individual)				• • •
McMicking Ventures I (a C					
Business or Residence Address	ss (Number and Str	eet, City, State, Zip Code)			
500 Sansome Street, Suite 4		CA 94111			
Check Box(es) that Apply:	☐ Promoter	☑ Beneficial Owner	☐ Executive Officer	☐ Director	☐ General and/or  Managing Partner
Full Name (Last name first, if	individual)				
Alan L. and Ruth S. Stein R					
Business or Residence Address	ss (Number and Str	eet, City, State, Zip Code)			
1100 Union Street, Apartme	ent 1200, San Franc	cisco, CA 94109			
Check Box(es) that Apply:	☐ Promoter	⊠ Beneficial Owner	☐ Executive Officer	☐ Director	☐ General and/or  Managing Partner
Full Name (Last name first, if	findividual)				
Woodman, Dean S. and Jan					
Business or Residence Addre	ss (Number and Str	eet, City, State, Zip Code)			
No. 6 Josephine Street, Saus	salito, CA 94965				
Check Box(es) that Apply:	☐ Promoter	☐ Beneficial Owner	☐ Executive Officer	□ Director	☐ General and/or  Managing Partner
Full Name (Last name first, if	f individual)				
Woodman, Dean S.					
Business or Residence Addre	ss (Number and Str	eet, City, State, Zip Code)			
No. 6 Josephine Street, Saus	salito, CA 94965				
Check Box(es) that Apply:	☐ Promoter	☐ Beneficial Owner		☐ Director	☐ General and/or  Managing Partner
Full Name (Last name first, it	f individual)				
Matthew, James M.					
Business or Residence Addre	ss (Number and Str	eet, City, State, Zip Code)			
3003 Airways Boulevard, Si	uite 2147, Memphis	s, TN 38131			
Check Box(es) that Apply:	☐ Promoter	☐ Beneficial Owner	☐ Executive Officer	☐ Director	☐ General and/or  Managing Partner
Full Name (Last name first, it	f individual)				
Business or Residence Addre	ss (Number and Str	eet City State 7 in Code)			
Dustriess of Residence Mulic	SS (11mmoor min St	ton, only, oute, hip code)			
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SEC 1972 (6-02)

				В.	INFORMA	TION ABOU	T OFFERI	NG				
· .											Yes	No
<ol> <li>Has the</li> </ol>	issuer sold,	or does the						_		•••••		$\boxtimes$
				-	opendix, Col		-					
<ol><li>What is</li></ol>	the minimu	m investme	nt that will b	be accepted	from any in	dividual?	***************************************					
											Yes	No
	e offering p	-	=	=							Ō	$\boxtimes$
or simi listed is of the b	ne information lar remuneral san associate proker or dea hathe inform	ition for soli ed person or aler. If more	citation of p agent of a le than five (	ourchasers i broker or de 5) persons t	n connection aler register	n with sales ed with the	of securitie SEC and/or	s in the offe with a state	ring. If a p or states, lis	erson to be st the name		
Full Name (I	ast name firs	t, if individual	i)									
			00-	1 11							43	
	ing is being Residence Add					ompany w	ho will no	t receive a	ny commi	ssions or o	ther rem	uneration
Dusiness of I	residence Adi	ness (munioc	i and Succi, v	only, State, 2	ip Code)							
Name of Ass	ociated Broke	r or Dealer										
	ich Person Lis			ls to Solicit P	urchasers							
•	ll States" or ch											All States
[AL]	[AK]	[AZ]	[AR]	[CA]	[CO]	[CT]	[DE]	[DC]	[FL]	[GA]	[HI]	[ID]
[IL] [MT]	(IN) (NE)	[IA] [NV]	[KS] [NH]	[KY] [NJ]	[LA] [NM]	[ME] [NY]	[MD] [NC]	[MA] [ND]	[MI] [OH]	[MN] [OK]	[MS] [OR]	[MO] [PA]
[RI]	[SC]	[SD]	[TN]	[TX]	[UT]	[VT]	[VA]	[WA]	[WV]	[WI]	[WY]	[PR]
F. !! M /!	·	. 101. 45.14	1)									
Full Name (I	Last name firs	t, if individua	1)									
Business or I	Residence Ad	dress (Numbe	r and Street, (	City, State, Z	ip Code)							
Name of Ass	sociated Broke	er or Dealer										
States in Wh	ich Person Li	sted Has Solic	ited or Intend	ls to Solicit P	urchasers							
(Check "A	ll States" or cl	neck individua	al States)									All States
[AL]	[AK]	[AZ]	[AR]	[CA]	[CO]	[CT]	[DE]	[DC]	[FL]	[GA]	[HI]	[ID]
[IL] [MT]	[IN] [NE]	[IA] [NV]	[KS] [NH]	[KY] [NJ]	[LA] [NM]	[ME] [NY]	[MD] [NC]	[MA] [ND]	[MI] [OH]	[MN] [OK]	[MS] [OR]	[MO] [PA]
[RI]	[SC]	[SD]	[TN]	[TX]	[UT]	[VT]	[VA]	[WA]	[WV]	[WI]	[WY]	[PR]
Full Name (I	Last name firs	t, it individua	1)									
Business or l	Residence Ad	dress (Numbe	r and Street,	City, State, Z	ip Code)							
Name of Ass	sociated Broke	er or Dealer										
States in Wh	ich Person Li	sted Has Solic	cited or Intend	ds to Solicit P	urchasers							-
	Il States" or c											All States
[AL]	[AK]	[AZ]	[AR]	[CA]	[CO]	[CT]	[DE]	[DC]	[FL]	[GA]	[HI]	[ID]
[IL]	[IN]	[IA]	[KS]	[KY]	[LA]	[ME]	[MD]	[MA]	[MI]	[MN]	[MS]	[MO]
[MT] [RI]	[NE] [SC]	[NV] [SD]	[NH] [TN]	[NJ] [TX]	[NM] [UT]	[NY] [VT]	[NC] [VA]	[ND] [WA]	[OH] [WV]	[OK] [WI]	[OR] [WY]	[PA] [PR]
		. ,							- •		- •	

(Use blank sheet, or copy and use additional copies of this sheet, as necessary.)

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C. OFFERING PRICE, NUMBER OF INVESTORS, EXPENSES AND USE OF PROCEEDS Enter the aggregate offering price of securities included in this offering and the total amount already sold. Enter "0" if answer is "none" or "zero." If the transaction is an exchange offering, check this box □ and indicate in the columns below the amounts of the securities offered for exchange and already exchanged. Aggregate Amount Already Offering Price Sold Type of Security Debt Equity ..... \$ 5,000,000 \$ 5,000,000 □ Preferred ☐ Common Convertible Securities (including Warrants) Partnership Interests Other (Specify Total \$ 5,000,000 \$\_5,000,000 Answer also in Appendix, Column 3, if filing under ULOE. Enter the number of accredited and non-accredited investors who have purchased securities in this offering and the aggregate dollar amounts of their purchases. For offerings under Rule 504, indicate the number of persons who have purchased securities and the aggregate dollar amount of their purchases on the total lines. Enter "0" if answer is "none" or "zero." Aggregate Dollar Amount Number of Purchases Investors Accredited Investors 2 \$\_5,000,000 -0-Non-accredited Investors -0-Total (for filings under Rule 504 only) N/A Answer also in Appendix, Column 4, if filing under ULOE. If this filing is for an offering under Rule 504 or 505, enter the information requested for all securities sold by the issuer, to date, in offerings of the types indicated, in the twelve (12) months prior to the first sale of securities in this offering. Classify securities by type listed in Part C - Question 1. Dollar Amount Type of Security Sold Type of offering Rule 505 N/A Regulation A N/A N/A Rule 504 N/A N/A

Total ..... N/A N/A a. Furnish a statement of all expenses in connection with the issuance and distribution of the securities in this offering. Exclude amounts relating solely to organization expenses of the issuer. The information may be given as subject to future contingencies. If the amount of an expenditure is not known, furnish an estimate and check the box to the left of the estimate. Transfer Agent's Fees Printing and Engraving Costs Legal Fees \$\_65,000 Accounting Fees..... х \$ 6 500 Engineering Fees Sales Commissions (specify finders' fees separately) П Other Expenses (identify) Blue sky filing fees, travel, market surveys and due diligence, and Information Technology X \$ 45,000 \_\_\_\_\_ Х

Total

\$116,500\_

used for each of the purposes shown. estimate and check the box to the left of	sted gross proceeds to the issuer used of If the amount for any purpose is not kr the estimate. The total of the payments set forth in response to Part C – Question	iown, furn listed must	ish an equal		
			Payments to Officers, Directors & Affiliates		Payments to Others
Salaries and Fees		x	\$100,000	x	\$100,000
Purchase of real estate		🗆	\$		\$
Purchase, rental or leasing and installation of m	achinery and equipment	🛮	\$	x	\$450,000
Construction or lease of plant buildings and fac	ilities	🗆	\$	x	\$100,000
Acquisition of other businesses (including the voffering that may be used in exchange for the a issuer pursuant to a merger)	ssets or securities of another		\$		\$
Repayment of indebtedness			\$350,000	X	\$550,000
Working capital Other (specify)			\$	×	\$3,233,500
			\$		\$
Column Totals		x	\$450,000	×	\$4,433,500
Total Payments Listed (column totals added)		••••	⊠ \$ <u>4.88</u>		
	D. FEDERAL SIGNATURE				
er has duly caused this notice to be signed by the ing by the issuer to furnish to the U.S. Securities d investor pursuant to paragraph (b)(2) of Rule 50	undersigned duly authorized person. If this and Exchange Commission, upon written rec				

C. OFFERING PRICE, NUMBER OF INVESTORS, EXPENSES AND USE OF PROCEEDS

**ATTENTION** 

Intentional misstatements or omissions of fact constitute federal criminal violations. (See 18 U.S.C. 1001.)

Tite of Signer (Print or Type)

**Chief Financial Officer** 

Name of Signer (Print or Type)

James M. Matthew